



www.punxsywrestling.com

BE A WINNER!

Join the Punxsutawney Elementary Wrestling Program! For kids in grades 1 - 6

The Mat Hog Wrestling Club invites all children in grades one through six to participate in the Punxsy Elementary Wrestling Program. Registration will be on Tuesday - **November 8, 2011 at the Punxsy Middle School cafeteria from 6:00 to 7:00 PM.** A parent or legal guardian must be present at registration as this will help educate the family on how the program works. If for any reason one or both parents cannot attend registration at the above time, please contact Joe DiPietro at (814) 939-3774 or email webmaster@punxsywrestling.com for more information.

Wrestling can be a very enjoyable and rewarding experience for kids. The program will teach basic wrestling techniques to the beginner as well as focus on building skills for more experienced wrestlers. Also, many games and drills will be implemented to better develop coordination and strength. Wrestling also builds self-esteem and character as well as agility and overall body conditioning. Practice sessions will also include brief lecture periods stressing the values and importance of good sportsmanship.

WE HOPE TO SEE YOU THERE!

NOTICE OF NONDISCRIMINATION

The Punxsutawney Area School District is an equal opportunity education institution and will not discriminate on the basis of race, color, national origin, sex or disability in its admission procedures, educational programs, activities, or employment practices as required by Title VI, Title IX and Section 504. For information regarding civil rights or grievance procedures, contact Gerald G. Gigliotti (Title IX Coordinator) or Karen A. Young (Section 504 Coordinator) at Punxsutawney Area High School, 500 North Findley Street, Punxsutawney, PA 15767. Telephone: (814) 938-5151.

✂ Please Cut Here

PUNXSU ELEMENTARY WRESTLING REGISTRATION FORM

(Please Print Using Ball Point Pen)

Wrestler's Name: _____ Nick Name: _____ Age: _____

Street Address: _____

City: _____ State: _____ Zip: _____

School: _____ Grade: _____

Date of Birth: _____ T-Shirt Size: _____

Phone Number: _____ Approx. Weight: _____

E-Mail Address: _____ Years Wrestled in the Past: _____

Allergies or Conditions: _____

Parent/Guardian Contact (Please Print): _____

Parent/Guardian Signature: _____ Date: _____

(This form is also available online at www.punxsywrestling.com)

By signing this registration form, I/we waive and release anyone connected with the Mat Hog Wrestling Club and/or the Punxsutawney Area School District from any and all claims, liabilities, or rights to damage for any loss of personal property or injury suffered directly in training or traveling to and from practices and/or events. I also agree that photos of my child may be taken for wrestling purposes and printed in area newspapers, websites, or other media that may be associated with the Mat Hog Wrestling Club.

(Over Please for Insurance Info)

INSURANCE WAIVER

(Please Print Using Ball Point Pen)

My son / daughter, _____ is covered / is not covered for athletic injuries by our family insurance. (Check One)

I/we, waive and release the Mat Hog Wrestling Club, the Punxsutawney Area School District, coaches, and/or anyone connected with the Punxsutawney Elementary Wrestling Program from any and all claims, or rights to damage for any losses suffered by my son/daughter directly from or participating in the Punxsutawney Elementary Wrestling Program.

Name of Insurance Company
(If Applicable)

Policy or Agreement Number
(If Applicable)

Plan
(If Applicable)

Signature of Parent or Guardian

Date

Wrestling

Sport

Grade

Signature of Coach

Date Received by Coach